

Code: IGDJ-A  
Adopted: 6/30/91  
Amended: 6/30/97  
Amended: 7/9/12

Hermon School Department

### **Policy on Sports Physicals**

As of November 1, 2012, all students wishing to participate in a sports activity within the Hermon school system will be required upon entering the competitive program to have an annual sports physical. This student sports physical must be documented by a physician on a Hermon sports physical release form.

Those athletes who sustain major injuries or have a record of a medical illness or injury during the interim will be required to have a physician's release preceding re-entry into the sports program.

Hermon School Department

**Physical Release Form**

Please circle grade level: 5 - 6 - 7 - 8 - 9 - 10 - 11 - 12

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Physician's Printed Name: \_\_\_\_\_

The above named student has been examined by me and is physically fit to participate in interscholastic athletic activities. CHECK one of the four:

- 1. ALL Sports
- 2. Non-contact Sports
- 3. Other (please specify)  
\_\_\_\_\_
- 4. This student should not participate in sports.

Please note any allergies that may require use of an EpiPen, asthma with potential use of an inhaler or other medical conditions of which we should be aware.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Physician's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

